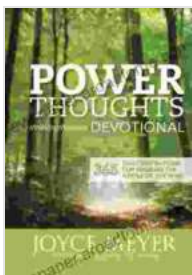


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★★★★☆ 4.8 out of 5

Language : English
File size : 1482 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
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Word Wise : Enabled
Print length : 373 pages



This powerful book provides a daily dose of inspiration and practical advice to help you overcome the negative thoughts and emotions that can sabotage your success. With 365 entries, each offering a unique perspective on the challenges we face in our daily lives, this book will help you:

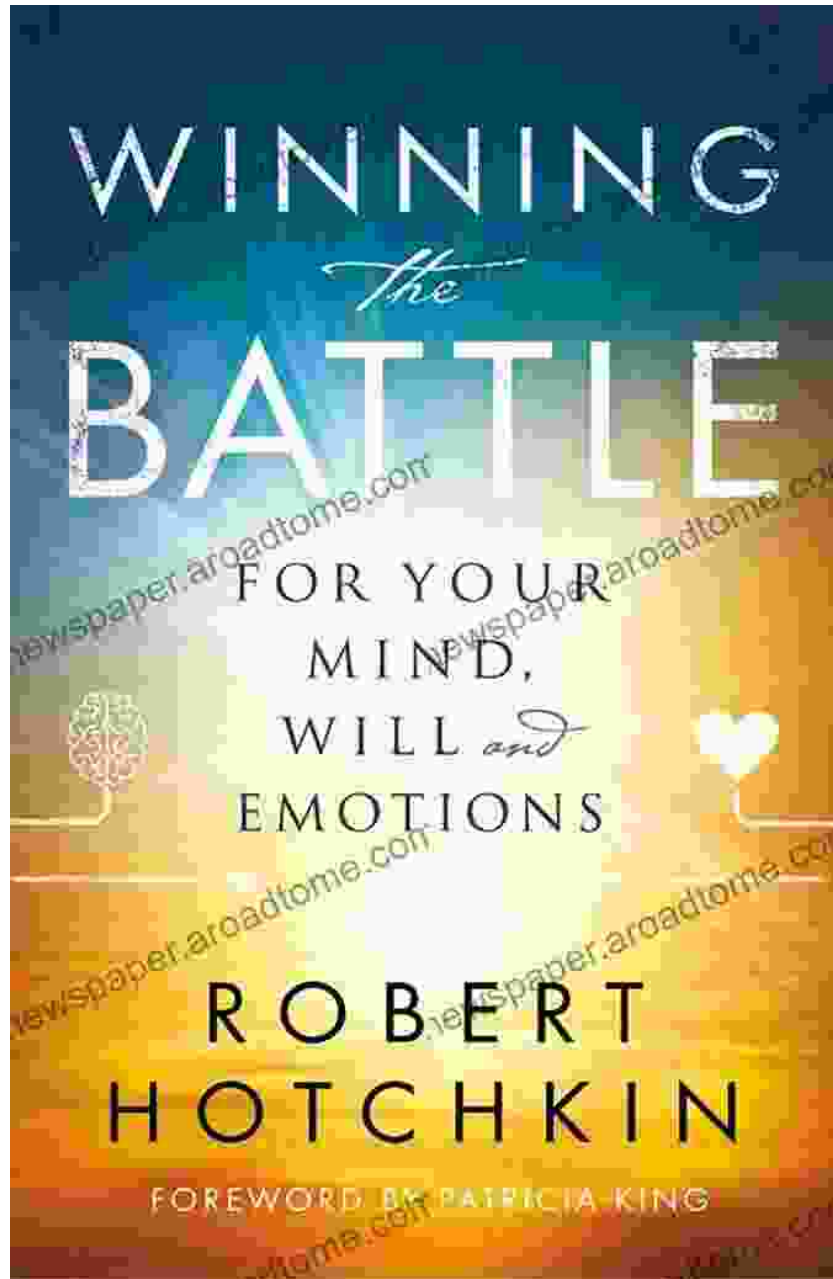
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- Develop coping mechanisms to deal with these negative thoughts and emotions
- Build a positive and resilient mindset
- Achieve your goals and live a happier, more fulfilling life

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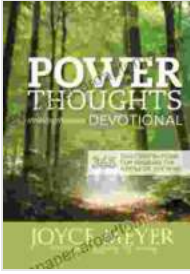
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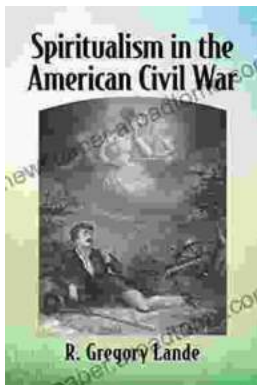
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