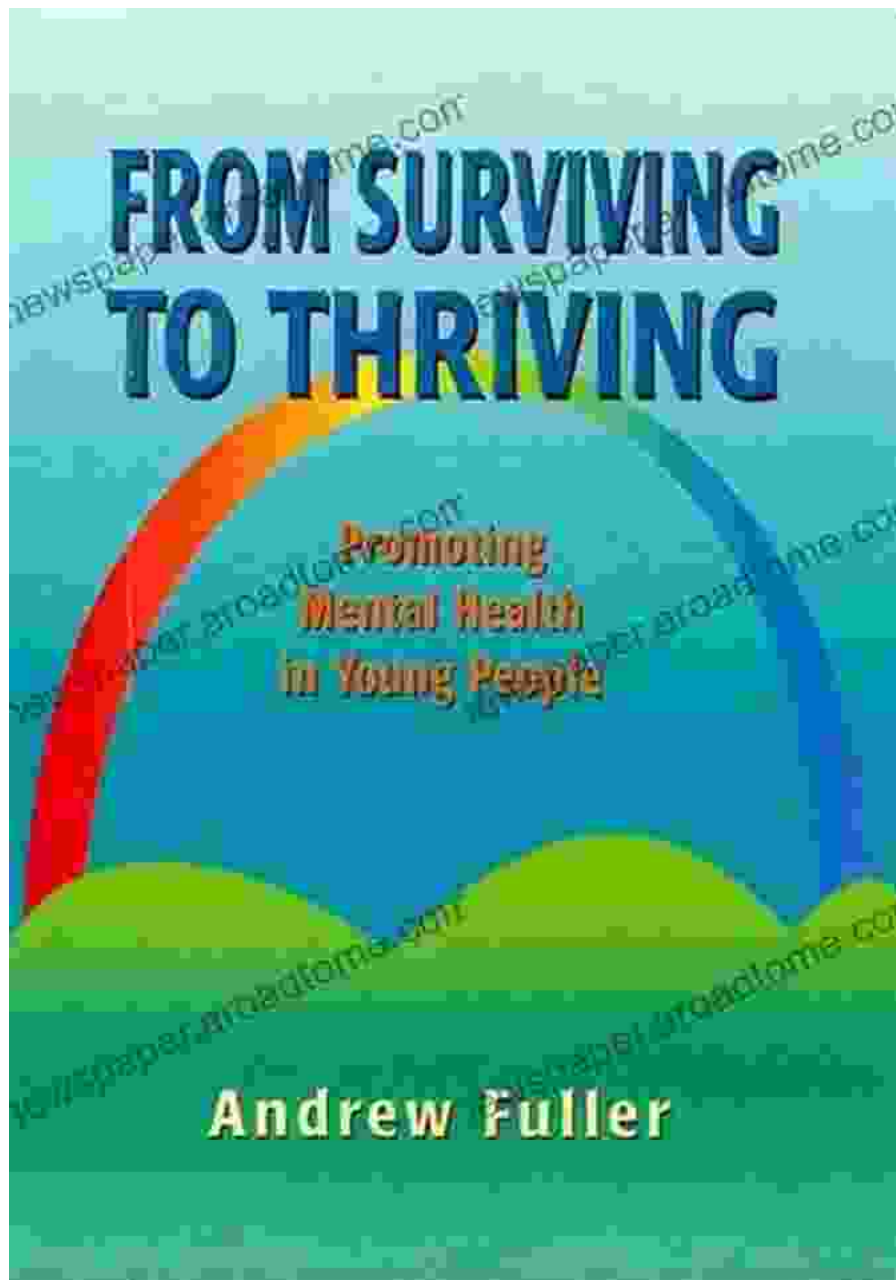


From Surviving to Thriving: A Transformative Journey to Unlock Your Potential



Ebook: Coaching and Trauma: From Surviving to Thriving: Moving Beyond the Survival Self (Coaching in Practice Series) by Julia Vaughan Smith

★★★★☆ 4.7 out of 5



Language	: English
Paperback	: 320 pages
Item Weight	: 14.8 ounces
Dimensions	: 5.71 x 1.02 x 8.86 inches
File size	: 2550 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 152 pages



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Are you tired of merely surviving? Do you long to thrive, to live a life filled with purpose, joy, and fulfillment? Our groundbreaking book, "From Surviving to Thriving," provides a transformative roadmap to guide you on this extraordinary journey.

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- Cultivate resilience and adaptability in the face of adversity
- Unlock your hidden potential and discover your true purpose
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- Experience greater happiness, fulfillment, and success

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Testimonials

"This book changed my life. It gave me the strength and guidance I needed to overcome my fears and pursue my dreams." - Sarah, satisfied reader

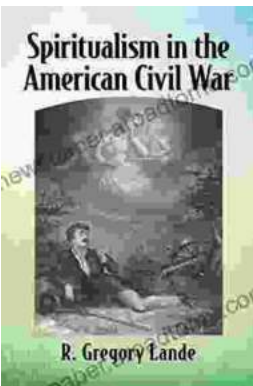
"A must-read for anyone who wants to live a more fulfilling and meaningful life." - John, book enthusiast

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