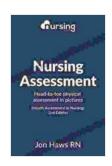
# Nursing Assessment: A Guide to the Comprehensive Examination

#### What is Nursing Assessment?

Nursing assessment is the process of collecting data about a patient's health status. This data is used to identify the patient's problems, strengths, and resources. Nursing assessment is essential for planning and providing individualized care.



# NURSING.com Nursing Assessment: Head-to-Toe Assessment in Picture (Health Assessment in Nursing)

by Jon Haws

★★★★★ 4.1 out of 5
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Print length: 210 pages
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#### The Comprehensive Examination

The comprehensive examination is a head-to-toe assessment of the patient's health status. It includes a physical examination, a psychological examination, and a social examination. The physical examination assesses the patient's vital signs, skin, head, neck, chest, abdomen, extremities, and neurological function. The psychological examination assesses the patient's mental status, mood, and affect. The social examination assesses the patient's social support, environment, and resources.

#### **The Nursing Assessment Process**

The nursing assessment process is a systematic, step-by-step approach to collecting data about a patient's health status. The steps in the nursing assessment process are:

- Collection of data: Data is collected from a variety of sources, including the patient, the patient's family and friends, and the patient's medical records.
- 2. **Organization of data:** Data is organized into a systematic way, such as by body system or by problem.
- 3. **Analysis of data:** Data is analyzed to identify the patient's problems, strengths, and resources.
- 4. **Formulation of nursing diagnoses:** Nursing diagnoses are statements that identify the patient's problems.
- 5. **Planning of care:** Care is planned based on the patient's nursing diagnoses.
- 6. **Implementation of care:** Care is implemented according to the plan of care.
- 7. **Evaluation of care:** Care is evaluated to determine its effectiveness.

#### **The Benefits of Nursing Assessment**

Nursing assessment provides a number of benefits, including:

 Improved patient outcomes: Nursing assessment helps to identify and address patient problems early on, which can improve patient outcomes.

- Increased patient satisfaction: Patients are more satisfied with care when they feel that they have been thoroughly assessed.
- Reduced costs: Nursing assessment can help to reduce costs by identifying and addressing patient problems early on, which can prevent more expensive complications from developing.

Nursing assessment is an essential skill for nurses. It is a systematic, stepby-step process that helps nurses to identify and address patient problems. Nursing assessment improves patient outcomes, increases patient satisfaction, and reduces costs.

Nursing Assessment: A Guide to the Comprehensive Examination is the essential resource for nursing students and professionals. This comprehensive guide provides a systematic approach to nursing assessment, covering all aspects of the physical, psychological, and social examination. With clear, step-by-step instructions and abundant illustrations, Nursing Assessment empowers nurses to provide individualized, evidence-based care.

Free Download your copy of Nursing Assessment: A Guide to the Comprehensive Examination today!



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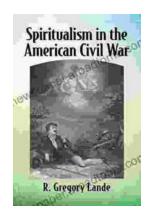
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