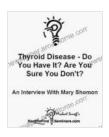
Thyroid Disease: Do You Have It? Are You Sure You Don't?

Thyroid disease is a common condition that can affect people of all ages. It can cause a wide range of symptoms, including fatigue, weight gain, hair loss, and depression. If you think you may have thyroid disease, it is important to see your doctor for a diagnosis.



Thyroid Disease - Do You Have It? Are You Sure You Don't?: An Interview With Mary Shomon by Michael Senoff

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What is the thyroid?

The thyroid is a small, butterfly-shaped gland located in the front of your neck. It produces hormones that help regulate your metabolism, growth, and development.

What are the symptoms of thyroid disease?

The symptoms of thyroid disease can vary depending on the type of thyroid disFree Download you have. However, some common symptoms include:

- Fatigue
- Weight gain or loss
- Hair loss
- Dry skin
- Constipation
- Depression
- Anxiety
- Trouble sleeping
- Menstrual irregularities
- Muscle weakness
- Joint pain
- Blurred vision
- Hoarseness
- Swelling in the neck

What are the different types of thyroid disFree Downloads?

There are two main types of thyroid disFree Downloads: hyperthyroidism and hypothyroidism.

Hyperthyroidism occurs when your thyroid produces too much thyroid hormone. This can lead to symptoms such as weight loss, rapid heart rate, and anxiety.

Hypothyroidism occurs when your thyroid does not produce enough thyroid hormone. This can lead to symptoms such as weight gain, fatigue, and depression.

How is thyroid disease diagnosed?

Thyroid disease is diagnosed with a blood test that measures the levels of thyroid hormones in your blood. Your doctor may also Free Download other tests, such as an ultrasound of your thyroid, to help confirm the diagnosis.

How is thyroid disease treated?

The treatment for thyroid disease depends on the type of thyroid disFree Download you have. Treatment for hyperthyroidism may include medication to reduce thyroid hormone production or surgery to remove part of your thyroid. Treatment for hypothyroidism may include medication to replace thyroid hormone.

Can thyroid disease be prevented?

There is no way to prevent thyroid disease, but early diagnosis and treatment can help to manage the condition and prevent complications.

If you think you may have thyroid disease, it is important to see your doctor for a diagnosis. Early diagnosis and treatment can help to manage the condition and prevent complications.



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