# Why Forests? Why Now?

Forests, the sprawling emerald carpets that adorn our planet, are not merely landscapes of towering trees. They are intricate ecosystems, pulsing with life and playing a pivotal role in sustaining our world. From the air we breathe to the water we drink, forests provide us with countless essential resources. Yet, these vital havens are facing unprecedented threats.



# Why Forests? Why Now?: The Science, Economics, and Politics of Tropical Forests and Climate Change

by Jonah Busch

★★★★★ 4.9 out of 5
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 429 pages



In her groundbreaking book, "Why Forests? Why Now?," Diana Beresford-Kroeger, a world-renowned scientist and author, delves into the profound significance of forests and the urgent need to protect them. With a wealth of scientific evidence and compelling anecdotes, she paints a vivid portrait of the interconnectedness of forests and our own well-being.

## The Life-Giving Power of Forests

Forests are the lungs of our planet. They absorb carbon dioxide, a greenhouse gas, and release oxygen, the vital gas we breathe. In fact, a single acre of forest can absorb up to 2.6 tons of carbon dioxide each year. By sequestering carbon, forests play a crucial role in mitigating climate change.



Beyond their role as carbon sinks, forests also act as water filters. Their dense canopies intercept rainfall, allowing it to slowly infiltrate the soil instead of running off as surface water. This process prevents erosion, safeguards water quality, and replenishes groundwater supplies.

## The Importance of Biodiversity

Forests are teeming with life. They are home to an estimated 80% of the world's terrestrial biodiversity. From towering trees to microscopic organisms, each species plays a vital role in maintaining the delicate balance of forest ecosystems.

Biodiversity supports the ecosystem services that forests provide.

Pollinators ensure the reproduction of plants, herbivores control vegetation growth, and predators regulate animal populations. Without this intricate web of interdependence, forest ecosystems would collapse.

#### **Forests and Human Health**



The connection between forests and human health is undeniable. Studies have shown that spending time in forests can reduce stress, enhance mood, and improve overall well-being. The fresh air, tranquility, and natural beauty of forests provide a respite from the hustle and bustle of modern life.

Moreover, forests play a vital role in food security. Indigenous communities around the world rely on forest resources for sustenance, including wild berries, mushrooms, and game. Forests also provide timber and other raw materials for shelter, clothing, and tools.

#### Threats to Forests

Despite their immense value, forests face a multitude of threats, including:

- Deforestation for agriculture, logging, and urban development
- Habitat fragmentation due to roads, pipelines, and other infrastructure
- Climate change, leading to increased wildfires, droughts, and flooding
- Pollution from industrial activities and agricultural runoff

These threats are not only decimating forest ecosystems but also jeopardizing the services they provide to humans and wildlife alike.

## **Why We Must Protect Forests**

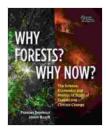
The protection of forests is not simply an environmental issue. It is a matter of safeguarding our own well-being and the future of our planet. We must take immediate action to:

- Reduce deforestation and promote sustainable forest management practices
- Restore degraded forests and connect fragmented habitats
- Address climate change by reducing greenhouse gas emissions
- Educate communities about the importance of forests
- Support organizations working to protect and restore forests

#### A Call to Action

Diana Beresford-Kroeger's "Why Forests? Why Now?" is a clarion call for action. It is a reminder of the extraordinary value of forests and the dire consequences of their loss. By raising awareness and inspiring collective action, we can safeguard these vital ecosystems for generations to come.

Let us be the guardians of forests. Let us protect their towering trees, their crystal-clear waters, and their teeming wildlife. For in the fate of forests lies our own.

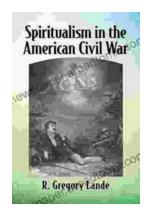


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